

# Vasantdada Patil Ayurvedic Medical College & Institute of Yoga, Sangli

## TRANSITIONAL CURRICULUM AYURVEDA-2022

Duration :-90 Hours



Day	Time	Topic	Specker	Remark
1 <sup>st</sup> Day 02/05/22	10AM – 11 AM	Inaugural Function	Chairman, Shri Sameer B Birnale. Vice Chairman: Shri Sagar Birnale Principal : Dr Vishwajeet Mehetre Dr. Ashay H. Nandeshwar. (Incharge Curriculum)	
	11 AM – 11.30 PM	Interaction with Parents	Dr Vishwajeet Mehetre	
	11.30 PM – 12 PM	Pre-Test of students & interaction with students	Dr Ashay H. Nandeshwar. VPAMC, Sangli	
	12 PM – 1 PM	Institutional profile (origin & history of the institution, introduction of society/trust, achievements/innovations of the college/institution, collaborations etc.) presentation by the principal or senior faculty member.	Dr. Ajit J. Patil	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Uniqueness of Ayurveda/Siddha/Sowa Rigpa/Unani (ASSU) compared to other systems of Medicine	Dr Ashay H. Nandeshwar. VPAMC, Sangli	
	3 PM – 4 PM	Language (Vadatu Sanskritam )	Mr. Ramchandra Tilak	
2 <sup>nd</sup> day 03/05/22	10 AM – 11 AM	Introduction about Modern Medicine and other systems of Medicine	Dr. Yogita Patil Professor KEM Hospital Mumbai.	
	11 AM – 1 PM	Motivational Lecture by eminent personality of International level of AYUSH	Dr. Gaurang Joshi from Gujrat	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Know your institute and department visit	Dr Shriniwas V. Kagalkar, VPAMC, Sangli.	
	3 PM – 5 PM	Language (Vadatu Sanskritam )	Mr. Ramchandra Tilak	
3rd Day 04/05/22	10 AM – 11 AM	Orientation to learning methods: self-learning, collaborative learning, lifelong learning strategies, time management, examination strategies, etc.	Dr. Gayatri Deshpande. SGR Ayurved College, Solapur.	
	11 AM – 1 PM	Role of Ayush in COVID-19 management and its scientific outcomes (Ref. Ministry of Ayush Dossier) National Health Status, Goals and Policies Personal health and hygiene	Dr Vishwajeet Mehetre	
	1 PM – 2 PM	Lunch		
	2 AM – 3 PM	Office related, library related, internet related, leave related, campus behaviour, availing health care facilities etc.	OS. Sameer Mujawar Dr. Asheesh Bidkar	
	3 PM – 5 PM	Language (Vadatu Sanskritam)	Mr. Ramchandra Tilak	



Day	Time	Topic	Speaker	Remark
4th Day 05/05/22	10 AM – 12 AM	Computer Skill & Apps Installation: Computer basics, MS Office (MS Word, Power Point, Excel, etc.), creation of e-mail ID, e-mail correspondence, Internet browsing, etc. Safety Apps installation: 122 India; Mysafetipin; Citizen COP; Himmat; Shake2safety; Raksha; Smart 24x7	Veena Ashay Nandeshwar	
	12 AM – 1 AM	Basic Life Support and First Aid : Theoretical explanation and technique demonstration Hands-on training for all students Sufficient mannequins (one for each 10 students) or models are to be arranged for enough exposure and practice.	Dr. Pradeep Shinde Prof. KLE AYU College Belgum, Karnataka.	
	1 PM - 2 PM	Lunch		
	2 AM – 3 PM	Know Regulatory bodies & Statutory bodies and major AYUSH institutions	Dr. Pravin A. Pete	
	3 PM – 5 PM	Ayurveda's national and international reach, higher education in Ayurveda, job opportunities, entrepreneurship, etc	Dr. Tanveer Shaikh	
5th Day 06/05/22	10 AM – 12AM	Know Your Campus: A guided tour of the entire campus and facilities, Officials from the respective units are introduced, Activities and achievements of units and facilities	Dr. Shreenivas Kagal kar	
	12 PM – 1 PM	Hospital visit & Information about Biochemical waste and its management	Dr. Sujit Patil	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	An Overview of the BAMS curriculum and the subjects, including highlights of the Minimum Standards of Education-2021.	Dr. Ajit B. Patil	
	3 PM - 5 PM	Language (Vadatu Sanskritam )	Dr. Sanjay Padalkar	
6th Day 07/05/22	10AM – 1 PM	Goal Setting: Any faculty member or expert in goal setting can instruct the student on "How to Set Goals.", After orientation, students set their goals and the path to achieve them with the help of experts and mentors, The set goals shall be recorded and signed by the student and mentor. One copy with the student and one copy filed in the office, At the end of BAMS program, the set Goals are to be assessed in terms of achievement	Dr. Leena Nanoti Principal & HOD Samhita Gangaputra Ayu. Clg. Jind, Hariyana.	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Communication skills, critical thinking, soft skills, empathy and respecting conduct, confidence and personal growth, speaking in front of an audience, etc.	Dr. Shekhar patil	
	3 PM – 5 PM	Language (Vadatu Sanskritam )	Mr. Ramchandra Tilak	



Day	Time	Topic	Speaker	Remark
8th Day 08/05/22	9 AM – 10 AM	Language (Vadatu Sanskritam)	Dr. Sanjay Padalkar	
	10 AM – 11 AM	Clinical exposure	Dr Vishwajeet Mehetre	
	11 AM – 12 PM	Vrikshaayurveda and Mrigayurveda	Dr Ashay H. Nandeshwar. VPAMC, Sangli	
	12 PM – 1 PM	Professional Medical Ethics	Dr. Sujit Patil	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Computer skills	Mr. Vikram Patil	
	3 PM – 4 PM	Games and sports grouping students and giving tasks group forming ...& various activities	Dr Ashay H. Nandeshwar. & Dr. Dinesh Kelgaonkar	

7th Day 09/05/22	10 AM – 12 AM	Stress management, including yoga and meditation, relaxation techniques	Dr. Trak Mehta KGMP Ayurved College Mumbai	
	12 AM – 1 AM	Health awareness, Fitness, and Hygiene	Dr. Milind Rajguru	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Recreational activities and talent show (During the talent exhibition, talented students are to be identified and recorded. Such students are encouraged to participate in institutional activities and to participate in various competitions. If required, training may be provided)	Dr. Vidya Shete	
	3 PM – 5 PM	Language (Vadatu Sanskritam)	Mr. Ramchandra Tilak	

9th Day 10/05/22	10 AM – 11 AM	Orientation of Regulatory/Governing Bodies (Ministry of Ayush, NCISM, affiliated universities, State Commissionerate/ Directorate, etc.) and introduction of their heads.	Dr. Dinesh Kelgaonkar	
	11 AM – 12 PM	Gender sensitisation and Personality Development	Dr. Paresh Chougule	
	12 PM – 1 PM	Institutional officials and their roles in the hierarchy, Rules and regulations of the campus, code of conduct, and dress codes, if any.	Dr. Asheesh Bidkar	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Communication skills, critical thinking, soft skills, empathy and respecting conduct, confidence and personal growth, speaking in front of an audience, etc	Asharani S. Chougule	
	3 PM - 5 PM	Language (Vadatu Sanskritam)	Mr. Ramchandra Tilak	

10th Day 11/05/22	10 AM – 12 AM	Basic Life Support and First Aid :Theoretical explanation and technique demonstration,	Dr. Shailendra Katakound	
	12 PM – 1 PM	What after BAMS CLINICAL orientaion	Dr. Amol Sakale	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Post-Test of the students and close ceremony	Dr. Ashay H. Nandeshwar	

11th Day		Sports & Cultural activities for 30 hours	Dr. Ashay H. Nandeshwar	
12-05-2022			Dr. Dinesh Kelgaonkar	
			Dr. Milind Rajguru	
			Dr. Vidya Shete	



I/C. PRINCIPAL  
Vasantdada Patil Ayurvedic  
Medical College, Sangli.



**TRANSITIONAL CURRICULUM AYURVEDA**  
**2022-23(2.5.22 TO 11.5.22)**

1. Inaugural Function : Chairman : Shri. Sameer B. Birnale, Director: Shri. Sagar Birnale Principal : Dr.Vishwajeet Mehetre, Vice Principal : Dr. Ashish A. Bidkar, Incharg Curriculum : Dr.Ashay H. Nandeshwar.







**2. Interaction with Parents : Principal : Dr.Vishwajeet Mehetre, VPAMC, Sangli.**



**3. Pre-Test Of Students & Interaction with Students : Dr.Ashay H. Nandeshwar, VPAMC, Sangli.**





**4. Institutional Profile Presentation by the Principal or Senior Faculty Member:Dr. Ajit Patil, VPAMC, Sangli.**



**5. Uniqueness Of Ayurveda:Dr. Ashay H. Nandeshwar,VPAMC, Sangli.**



**5. Language Vadatu Sanskritam : Mr. Ramchand Tilak.**



**6. Motivational Lecture By Eminent Personality Of International Level of AYUSH:  
Dr. Gaurang Joshi From Gujrat.**



**7. Introduction about Modern Medicine and Other Systems Of Medicine:  
Dr. Yogita Patil Professor KEM Hospital Mumbai..**



**8. Orientation to learning Methods: Dr. Gayatri Deshpande, Solapur.**





**9. Role Of Ayush in COVID-19 Management: Dr.Vishwajeet Mehetre,VPAMC,Sangli.**



**10. Computer Skill & Apps Installation: Veena Ashay Nandeshwar,VPAMC,Sangli.**





### **11.Basic Life Support and FirstAid: Dr.Pradeep Shinde, Belgum.**



### **12 Know Regulatory Bodies & Statutory Bodies and Major AYUSH institutions: Dr.Pravin A. Pete, VPAMC,Sangli.**



### **13: Ayurveda's National and International : Dr.Tanveer Shaikh.**



**14: Language Vadatu Sanskritam: : Mr. Ramchandra Tilak, VPAMC, Sangli.**



**15. Know your institute and department visit : Dr. Shrinivas V. Kagalkar, VPAMC, Sangli.**







**16. Know your Hospital Visit: Dr. Sujit Patil, VPAMC, Sangli.**



**17. Blochemical Waste and its management : Dr. Sujit Patil, VPAMC, Sangli.**



**18. An Overview of the BAMS Curriculum : Dr.Ajit B. Patil, VPAMC, Sangli.**



**19.Goal Setting : Dr.Leena Nanoti, Hariyana.**





**20. Stress Management Including Yoga : Dr.Tarak Mehta, Mumbai.**



**21.Health awareness, Fitness & Hygiene :Dr.Milind Rajguru,VPAMC,Sangli**



**22. Recreational Activities and Talent Show : Dr. Vidya Shete,VPAMC, Sangli.**



**23. Orientation Of Rdgulatory/ Governing Bodies :Dr.Dinesh Kelgaonkar VPAMC, Sangli.**



**24. Gender Sensitisation And Persobality Development :Dr.Paresh Chougule, VPAMC, Sangli.**





## 25. Communication Skills : Asharani S.Chougale, ABPC, Sangli.



## 26. Basic Life Support & Frirst Aid :Dr.Shailendra Katakbound, VPamc, Sangli.



## 27. What After BAMS Clinical Orientation:Dr.Amol Sakale VPAMC, Sangli .



## 28.Basics Of Prakriti Pareeksha:Dr.Amruta S. Jaybhay, VPAMC, Sangli .

